

NEW-HF Walkers
new-hfwalkers.com
March to June 2012



- Our successful walking group is currently closed to New Walkers, and we are operating a waiting list through our Membership Secretary
- Our friendly walking group is affiliated to HF Holidays, and is for the over 50s. Our enjoyable walks benefit your health through regular exercise. We love walking and making friends, whilst taking in the wonderful scenery hereabouts
- Walks are held on the second and fourth Wednesdays, 9-45am for 10-00am start unless otherwise printed on the programme
- Please wear sensible walking boots, bring waterproofs, a snack for the break, and a small personal First Aid Kit
- Sorry no dogs except registered assistance dogs
- Further copies of this programme are available from our website

In the interest of everyone's safety, would walkers please walk behind the Walk Leader

14 March - Willaston
Grid Ref: SJ 330 773 Grade B - 5 miles

Car parking for the Wirral Way is on the outskirts of Willaston village at Hadlow Station in Hadlow Road (CH64 2UQ). A level walk along green lanes, quiet roads and a section of the Wirral Way centred on the village of Willaston.

Leader: Anne R

23 May - Erddig
Grid Ref: SJ 326 495 Grade B - 5.5 miles

Park at Felin Puleston car park (LL13 7RF) on the right of A5152 heading towards Wrexham from the by-pass. A walk along Afon Clywedog past the Motte & Bailey, Cup & Saucer and the NT Hall then returning through Big Wood and Coed-y-Glyn.

Leader: Roz

28 March – Overton-on-Dee Circular
Grid Ref: SJ 373 418 Grade B - 5.5 miles

Park in the free public car park at the rear of St Mary's church (with the Yew trees). The entrance is in School Lane (LL113 0FA). The walk descends to the R. Dee and through woods and fields with one or two slopes. Fine views along the way. The Woods Cafe/Deli and the White Horse Inn are open for those wishing to have lunch after the walk

Leader: John H

30 May - Away Day Walk to Llyn Brenig/ Alwen Reservoir
Grid Ref: SH 954 529 Grade A+ 8 miles

Park at the Alwen Reservoir car park (LL21 9TT), approx one mile on the right of the B4501 towards Cerrigydrudion from Llyn Brenig. This level walk takes us past the Welsh Water Visitor Centre at Llyn Brenig and via the link path to the top of the Alwen Reservoir returning by the reservoir's east side. Little inclines and fine views. Please bring a picnic and extra for rest stops.

Leader: Dave

11 April - Bwlchgwyn circular
Grid Ref: SJ 263 536 Grade B – 5.25 or Grade C – 4.5 miles

Park at the War Memorial in Bwlchgwyn. The walk takes us via Gwernto Plantation towards Nant y Ffrith Woods where walkers can either walk the additional 0.75 miles in the woods (two medium inclines) or wait a short time to regroup before returning to the start

Leaders: Heather and Geoff

13 June - Hilbre Island
Grid Ref: SJ 210 868 Grade C – 4.0 miles

Meeting point is the Dee Lane slipway (CH48 0QA) at West Kirby (Pay and Display). Toilets at West Kirby and Hilbre). We need to cross at 10am and return before 4.30pm. Take binoculars (bird and seal watching), and we may be lucky with wild spring flowers. There may be slippery rocks with seaweed as the tide goes out, and suitable footwear is required. No shelter on the island.

Leaders: Dave and Judy

25 April – Llantysilio and Berwyn Quarry
Grid Ref: SJ 197 433 Grade A – 5 miles

Park in Llantysilio public car park (free) just before Chainbridge Hotel (LL20 8BS) on B5103 about 0.5 miles from A542. There is an ascent of about a mile, with moderate and strenuous inclines to the quarry. Other parts of the walk are flat or descendant with very few stiles. Extensive and stunning views.

Leader: Jacques

27 June - Llanferres / Offa's Dyke Circular
Grid Ref: SJ 187 597 Grade A – 6.2 Miles

Park in lay-by on left of A494, 400 yards past Llanferres on the Mold to Ruthin road. The walk is centred on the Offa's Dyke path towards Llanarmon-yn-Ial and Llanferres. There are a couple of moderate to steep inclines followed by level sections of paths and quiet lanes.

Leader: John W

9 May - Hendre Woods Bluebell Walk
Grid Ref: SJ 197 678 Grade B – 5 miles

Park in Coed-y-Felin Nature (CH7 5QG) car park on the right of the A541 just before Hendre, 3-miles towards Denbigh from Mold. (Watch for Malcolm by car park entrance). Through bluebell woods to Moel Fragnalt, returning through fields.

Leader: Malcolm

Grade	Description of walk
A	Many stiles or steeper inclines or both or about 6 miles
B	Several stiles, moderate uphill sections or both or about 5 miles
C	Few stiles or slight inclines or both or about 4 miles

*Please note that walkers join our walks at their own risk.
 Neither the Walk Leader nor NEW-HF Walkers can be held responsible for any accidents or injuries that may occur on a walk.*

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